

## References & Additional Resources

### Resources

- AMSN Advocacy: <https://amsn.org/Advocacy>
- Association for Public Health Nurses (APHN) Advocacy Toolkit: <https://www.phnurse.org/advocacy-toolkit>
- American Network of Community Options and Resources (ANCOR) Advocacy Toolkit: <https://www.ancor.org/advocacy/toolkit/>
- American Nurses Association (ANA) Federal Advocacy: <https://www.nursingworld.org/practice-policy/advocacy/federal/>
- American Organization of Nurse Leaders (AONL) Advocacy Center: <https://www.aonl.org/aonl-advocacy>
- American Association of Critical Care Nurses (AACN) Policy and Advocacy: <https://www.aacn.org/policy-and-advocacy>

### References

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National Academies of Sciences, Engineering, and Medicine. (2021). *The future of nursing 2020–2030: Charting a path to achieve health equity*. The National Academies Press. <https://doi.org/10.17226/25982>

Office of the Surgeon General. (2022). *Addressing health worker burnout: The U.S. Surgeon General's advisory on building a thriving health workforce*. U.S. Department of Health and Human Services.

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## Appendix

### Email or Letter Template

Dear Senator or Representative [Insert legislator's name and correct title]

I am reaching out to you as a constituent and professional medical-surgical nurse with [number] years of experience and I'm asking for your support/opposition of **[HB/SB number]**, **[Bill Title]**.

This bill is important to me as a medical-surgical nurse because **[explain why it is important]**. Passage of this bill will **[describe the anticipated effect]**. The importance of this bill is supported by **[relevant experts, professional organizations, research, or other evidence]**.

I look forward to hearing from you.

Sincerely,

**[Full Name and Nursing Credentials]**

**[Address]**

**[Email address]**

### Phone Call or Meeting Script

**Legislative Staff:** Thank you for calling (visiting) the Office of **[Senator / Representative]** **[Last Name]**. How can I help you today?

**You:** Hello, my name is **[Your Name]**, and I am a constituent living in **[Your City or Zip Code]**.

**Legislative Staff:** Thank you. What is the reason for your call?

**You:** I am calling (visiting) to ask **[Senator / Representative Last Name]** to **[SUPPORT / OPPOSE]** **[Bill Number or Topic]**. This issue matters to nurses and patients because **[provide a brief reason, such as: "it will improve patient safety in the hospitals"]**. Can I count on **[Senator/Representative Last Name]** to vote **[yes/no]** on this bill?

**Legislative Staff:** I will make sure to pass your comments along to the legislator.

**You:** Thank you so much for your time and for taking my comment. May I leave my contact information to reach me with any follow up questions?

### Meeting with the CNO

Thank you for meeting with me. I would like to discuss **[issue]** and its impact on nurse well-being and patient safety. Our data shows **[brief evidence or key finding]**. I recommend **[specific solution or action]**. Would you support this recommendation and help identify the next steps? May we follow up by **[date]**?

## Email to Nursing Leadership

**Subject:** Request to Address **[Issue]**

Dear **[Name]**,

I am requesting your support in addressing **[issue]**, which directly impacts nursing well-being and quality patient outcomes. When **[issue]** occurs, it can contribute to **[stress, fatigue, burnout, workload concerns, or other effects on nurses]**, increasing the risk of **[errors, delayed care, communication breakdowns, or other patient-safety concerns]**. Addressing this issue is therefore important to support a healthy work environment and ensure that patients receive safe, timely, and high-quality care.

I recommend **[specific action]** based on **[data, staff feedback, or evidence]**. Taking this action would help **[reduce stress, workload, improve staffing or communication, improve staffing or communication, strengthen teamwork, prevent errors, improve outcomes, or achieve another relevant benefit]**. It would also demonstrate the organization's commitment to supporting nurses and promoting high-quality patient outcomes.

May we meet to discuss the next steps?

Thank you,

**[Name and Credentials]**

**[Position/Department]**